

UZZKZ Cup 2026: Session: 2: COACH evaluation sheet for TEAM: TIME

Coachinfo: Warming up from: untill . Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Guillemyn Vincent

Coaches: Baeyens Siemen

Coaches: Van Collie Sylvie HEADCOACH

Coaches: Herreman Kurt

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 13: 100M FREESTYLE WOMEN 11+					Heat:2, starttime: 14:02
Heat: 2/7 Lane : 8 Athlete: TACK CATALEYA					Q-time: 01:18:17
PB (25m pool): 01:18.17 Zwembad De Treffer 06/04/2026					PB (50m pool): 01:18.80 SB: 01:18.17 Zwembad De Treffer 06/04/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.03		01:18.17	
		00:37.03		00:41.14	
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 14:06
Heat: 4/7 Lane : 1 Athlete: BOLLAERT AMÉLIE					Q-time: 01:10:51
PB (25m pool): 01:10.51 Menen 01/05/2026					PB (50m pool): 01:11.23 SB: 01:10.51 Menen 01/05/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.41		01:10.51	
		00:33.41		00:37.10	
					

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 14:12
Heat: 1/7 Lane : 2 Athlete: RAMON SIEBE					Q-time: 01:44:22
PB (25m pool): 01:50.25 Veurne 19/10/2025					PB (50m pool): 01:44.22 SB: 01:50.25 Veurne 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:54.36		01:50.25	
		00:54.36		00:55.89	
					

Coach feedback:

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Event number: 14: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 14:12
Heat: 1/7 Lane : 3 Athlete: DESMET TUUR					Q-time: 01:31:11
PB (25m pool): 01:31.11 Menen 01/05/2026					PB (50m pool): no time SB: 01:31.11 Menen 01/05/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.73		01:31.11	
	00:46.73		00:44.38		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 14:12
Heat: 1/7 Lane : 4 Athlete: CLAEYS JONA					Q-time: 01:30:13
PB (25m pool): 01:30.13 Menen 01/05/2026					PB (50m pool): no time SB: 01:30.13 Menen 01/05/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.93		01:30.13	
	00:42.93		00:47.20		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+					Heat:4, starttime: 14:20
Heat: 4/7 Lane : 5 Athlete: STRYNCKX DAAN					Q-time: 01:18:10
PB (25m pool): 01:18.10 Menen 01/05/2026					PB (50m pool): 01:23.12 SB: 01:18.10 Menen 01/05/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.80		01:18.10	
	00:37.80		00:40.30		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 14:23
Heat: 5/7 Lane : 1 Athlete: DEMASURE YORDI					Q-time: 01:15:72
PB (25m pool): 01:15.72 Zwembad De Treffer 06/04/2026					PB (50m pool): 01:23.41 SB: 01:15.72 Zwembad De Treffer 06/04/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.33		01:15.72	
	00:37.33		00:38.39		
					

Coach feedback:

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Event number: 15: 400M FREESTYLE MIXED 10-9							Heat:4, starttime: 14:55	
Heat: 4/4 Lane : 2 Athlete: LAGACIE RENEE							Q-time: 07:07:50	
PB (25m pool): 07:07.50 LAGO Zwevegem 09/06/2025				PB (50m pool): 07:03.99SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:45.56		01:41.77		02:34.55		03:32.97
	00:45.56		00:56.21		00:52.78		00:58.42	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		04:28.54		05:25.73		06:19.61		07:07.50
	00:55.57		00:57.19		00:53.88		00:47.89	
								

Coach feedback:

Event number: 16: 200M MEDLEY WOMEN 11+							Heat:3, starttime: 15:12	
Heat: 3/6 Lane : 4 Athlete: DEFEVER AUWKE							Q-time: 03:09:44	
PB (25m pool): 03:09.44 Menen 01/05/2026				PB (50m pool): 03:29.08SB: 03:09.44 Menen 01/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.00		no time		no time		03:09.44
	00:48.00							
								

Coach feedback:

Event number: 16: 200M MEDLEY WOMEN 11+							Heat:3, starttime: 15:12	
Heat: 3/6 Lane : 5 Athlete: TACK CATALEYA							Q-time: 03:10:43	
PB (25m pool): 03:10.43 Zwembad De Treffer 06/04/2026				PB (50m pool): 03:33.11SB: 03:10.43 Zwembad De Treffer 06/04/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.27		no time		no time		03:10.43
	00:42.27							
								

Coach feedback:

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Event number: 16: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 15:15	
Heat: 4/6 Lane : 5 Athlete: HEYTENS JORIEN							Q-time: 03:03:73	
PB (25m pool): 03:03.73 Meulebeke 10/05/2026				PB (50m pool): 03:24.75 SB: 03:03.73 Meulebeke 10/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.38		no time		no time		03:03.73
	00:40.38							
								

Coach feedback:

Event number: 19: 400M FREESTYLE MEN 11+							Heat:2, starttime: 16:03	
Heat: 2/5 Lane : 1 Athlete: LAGACIE THIBAUT							Q-time: 06:23:79	
PB (25m pool): 06:23.79 DIKSMUIDE 30/11/2025				PB (50m pool): 06:46.46SB: 06:23.79 DIKSMUIDE 30/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:42.12		no time		no time		no time
	00:42.12							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		04:01.28		04:51.33		no time		06:23.79
			00:50.05					
								

Coach feedback:

Event number: 19: 400M FREESTYLE MEN 11+							Heat:2, starttime: 16:03	
Heat: 2/5 Lane : 2 Athlete: DESMET TUUR							Q-time: 06:09:63	
PB (25m pool): 06:09.63 Meulebeke 10/05/2026			PB (50m pool): no time SB: 06:09.63 Meulebeke 10/05/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:30.16		no time		03:04.07
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:09.63
								

Coach feedback:

UZZKZ Cup 2026: Session: 2: COACH evaluation sheet for TEAM: TIME

Event number: 19: 400M FREESTYLE MEN 11+							Heat:2, starttime: 16:03	
Heat: 2/5 Lane : 4 Athlete: CLAEYS JONA							Q-time: 05:51:94	
PB (25m pool): 05:51.94 Meulebeke 10/05/2026			PB (50m pool): no time SB: 05:51.94 Meulebeke 10/05/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:23.93		no time		02:55.13
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:51.94
								

Coach feedback:

Event number: 20: 100M BREASTSTROKE WOMEN 11+							Heat:3, starttime: 16:33	
Heat: 3/6 Lane : 2 Athlete: DEFEVER AUWKE							Q-time: 01:37:68	
PB (25m pool): 01:37.68 Eeklo 21/09/2025				PB (50m pool): 01:39.30SB: 01:37.68 Eeklo 21/09/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:46.61		01:37.68				
	00:46.61		00:51.07					
								

Coach feedback:

Event number: 20: 100M BREASTSTROKE WOMEN 11+							Heat:5, starttime: 16:37	
Heat: 5/6 Lane : 8 Athlete: LAGACIE AXELLE							Q-time: 01:29:52	
PB (25m pool): 01:29.52 Temse 17/11/2025				PB (50m pool): 01:32.03SB: 01:29.52 Temse 17/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:41.94		01:29.52				
	00:41.94		00:47.58					
								

Coach feedback:

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Event number: 21: 100M BUTTERFLY MEN 11+					Heat:1, starttime: 16:41
Heat: 1/4 Lane : 6 Athlete: RAMON SIEBE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 22: 200M BACKSTROKE WOMEN 11+							Heat:1, starttime: 16:49	
Heat: 1/3 Lane : 3 Athlete: TACK CATALEYA							Q-time: 03:09:42	
PB (25m pool): 03:09.42 Diksmuide 08/02/2026							PB (50m pool): no time SB: 03:09.42 Diksmuide 08/02/2026	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.25		01:33.65		02:22.71		03:09.42
	00:45.25		00:48.40		00:49.06		00:46.71	
								

Coach feedback: